

Ages: Youth 7 to 12 year-olds

Location: Chelsea High School (south balcony)

Start dates: November 16th- December 14th and again after the holiday break January 9th- February 22nd.

Time: Monday and Wednesday 6:00 p.m.- 7:30 p.m.

Cost: \$150 which includes a T-shirt

Meeting: There will be a brief meeting during the first practice, Nov. 16th at 6:15, in Chelsea High School cafeteria.

Registration: You can register <u>here</u> in advance or at the meeting.

Payment: Please make checks payable to Chelsea Wrestling and bring them to the first practice.

What to bring: Wrestlers should bring their own water bottle, and have on athletic clothes to practice in. They do not need to have wrestling shoes (they can wrestle in their socks, please no street shoes on our mats).

Practice will be canceled if schools are canceled due to weather.

If you have any questions please feel free to contact me:

Contact Coach Steve Chapman (517) 442-2596 Email: steve.chapman@jpsk12.org

James Mida (734) 717-9458 Email: james.mida@jpsk12.org